

SCHEDULE



**BJJ TEAM
ST.GALLEN**



Dojo - Schachenstrasse 9, 9016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:00-07:00 No-Gi Morning Class					10:00-12:00 Open Mat (Whatsapp Chat)	10:00-12:00 Competition Class
		12:00-13:00 No-Gi Lunch Class		12:00-13:30 Gi Lunch Class		
18:00-19:00 Gi Basics 19:05-20:05 No-Gi Basics	18:00-19:30 Gi Adv.		18:15-19:45 No-Gi Adv.			

Dojo - Volksbadstrasse 24, 9000

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	18:00-19:00 Gi Beginners	18:00-19:00 No-Gi Basics				
	19:00-20:30 No-Gi Basics					